



Office Suites™ **Mesh Back Support**

Office Suites™

Mesh Back Support

Features:

- Mesh back support gently moulds to your body's contours to provide maximum uniform support
- Tri-tensioning attachment eliminates the need for readjustment and easily attaches to any chair
- Mesh fabric allows airflow for your comfort
- Tested by FIRA International Ltd to comply with the ergonomic requirements set out in European Health and Safety Legislation: EN ISO 9241-5



Specification:

9191301
Black
51.28 x 43.97 x 14.13 cm
0.50 kg
51.28 x 43.97 x 14.13 cm
0.50 kg
52.07 x 18.73 x 44.77 cm
1.50 kg
Yes
100 cm vertically / 52 cm horizontally
Full Back Coverage
Mesh Fabric
043859600434
50043859600439
2
5 Year Limited





Ergonomic design Full back support to prevent back tension



Tri-tensioning Tri-tensioning attachment eliminates the need for readjustment and easily attaches to any chair



Full back support

Mesh back support gently moulds to your body's contours to provide maximum uniform support



Mesh Fabric Mesh fabric allows airflow for your comfort

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Recyclability:

www.fellowes.com

Ergonomic Working:



Check your posture. A foot and back support will help provide the most comfortable working position.

How to use a back support

- **1.** Lumbar supports: These should fit in the inward curve of your lower back about waist level.
- 2. Full back supports: Ensure the support is positioned so it fits the inward curve of your lower back and supports your upper body.
- 3. Seating position: Sit just off upright, so you feel that you are supported by the backrest with your shoulders relaxed. Ensure your seat height is set so your arms are parallel with your desk and your elbows are roughly at a 90° angle. Knees should be level or just lower than your hips with your feet firmly supported on the floor.
- 4. Support your feet: Don't forget to use a foot support if you can't place your feet firmly on the floor or want to add movement to your day.



Certifications:

EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.



Aftercare:

Cleaning: Wipe over with a damp microfibre cloth. Do not use any cleaning solutions.

Handling & Storage: Read and follow all instructions and warnings before use. This product is intended for indoor use only.



Dimensional Drawings:



